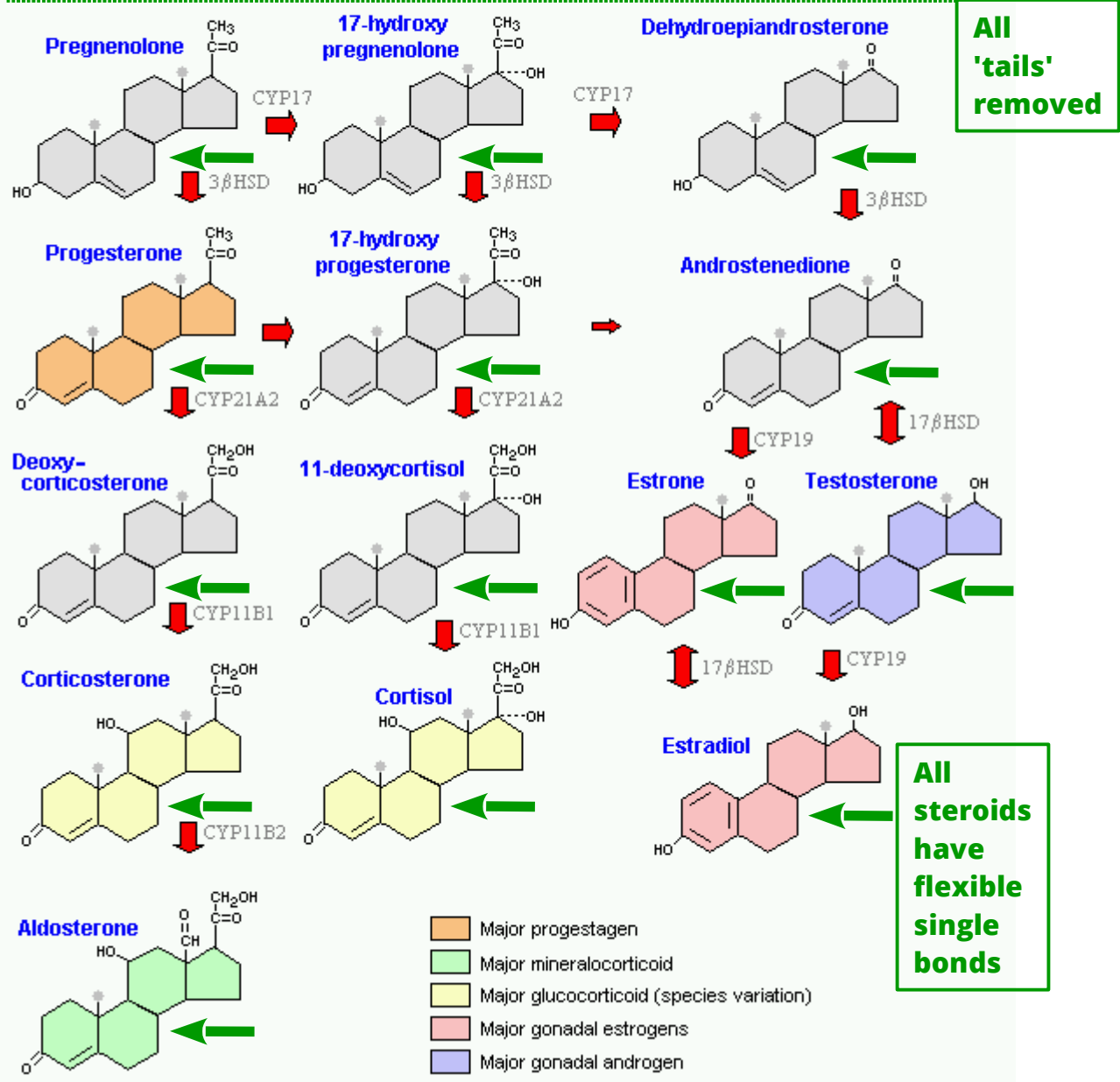
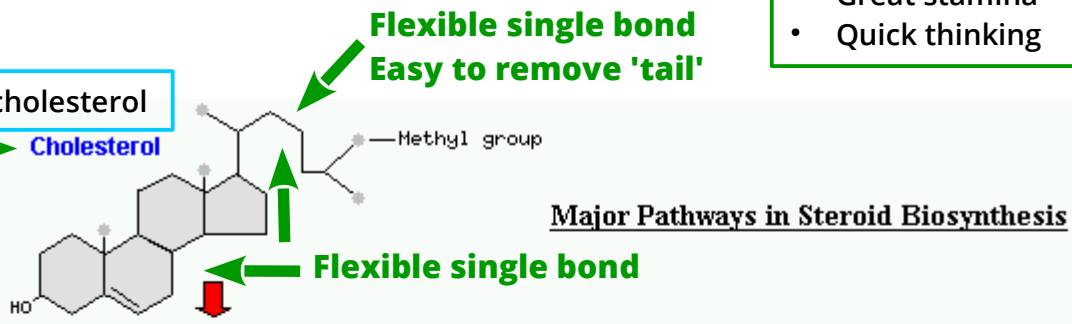


- Cholesterol as messenger steroid**
- Single bond inside
 - The 'tail' is removed
 - Base of all steroid hormones
 - Hormones are messenger lipids
 - Signals for repair and growth
 - Improves immune function
 - Keeps us younger

- Symptoms of high cholesterol:**
- High IQ
 - Fertility
 - Long life
 - Great mood
 - Strong body
 - Good energy
 - Quick healing
 - Easy recovery
 - Great stamina
 - Quick thinking

Good HDL cholesterol
 → Cholesterol



With Good HDL Cholesterol we do not need hormone replacement and stay young