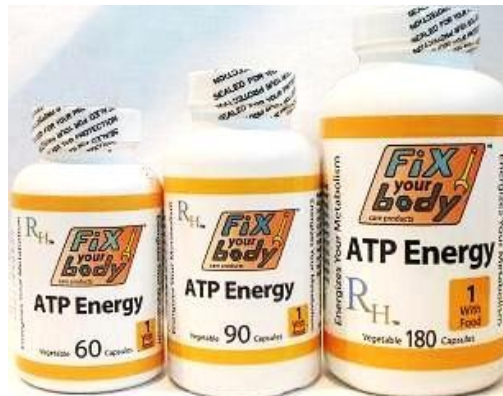


ATP Energy

- **Improves Circulation**
- **Helps Regulate Blood Pressure**
- **Improves Immune Function**
- **Detoxifies Liver**
- **Improves Cholesterol Levels**
- **Helps regenerate nerve fiber**
- **Improves mood and sleep**



ATP Energy is a carefully researched combination of B Vitamins plus Alpha Lipoic Acid and Vitamin C. This formula helps circulation and the conversion of blood sugars into energy. Our hands and feet warm up and our energy increases.

Niacin Flush: This is a warming, sometimes a hot feeling, occasionally with an itchiness effect that is a characteristic of Niacin. This is safe and enhances our immune function by opening the arteries and allowing blood flow to increase. It only lasts about 45 minutes and decreases as we are healthier. After a flush we experience better mood and sleep better.

Ingredients:

Alpha Lipoic Acid (ALA) 200 mg

In the 1930s, it was discovered and called potato growth factor. It is essential for the conversion of carbohydrates (sugar) to energy. ALA has been shown to be beneficial in type I and II diabetes. In a dose-dependent manner ALA improves blood flow to peripheral nerves and stimulates regeneration of nerve fibers.

Vitamin C (Ascorbic Acid) 300 mg

It is structurally related to glucose, a six carbon molecule, Vitamin C is essential for the production of collagen and wound healing. It is concentrated in the surface fluids of the eyes, the mouth, and the skin, and is vital to immune function. Without Vitamin C we are unable to heal. Vitamin C promotes absorption of iron from the intestines, the utilization of folic acid, and the production of carnitine. Without carnitine we have poor nerve connection in the brain and a difficult time using fat for energy.

Vitamin B 1 (Thiamine Hydrochloride) 20 mg

The body is not able to make thiamine but large amounts are stored in the skeletal muscles, heart, liver, kidneys, and brain. Low levels are associated with racing heart (tachycardia), weakness, headache, numbness, slow reflexes, and achy muscles. Food faddists (restricted diets) may be deficient. A symptom is swelling (edema).

Vitamin B2 (Riboflavin) 10 mg

It makes our urine become bright yellow but this has no significance. Low levels are associated with sore throat, mouth sores, skin disorders, and thyroid problems.

Vitamin B3 (Niacin) 60 mg

Low levels of niacin are associated with depression, cancer, poor sleep, and a shortened life span. This is the molecule that makes our skin flush, feel hot and sometimes itchy. The non-flushing niacin is not good for us. The flush usually lasts for 45 minutes and after we flush we have better mood, clearer thoughts, and better sleep.

Vitamin B5 Pantothenic Acid) 100 mg

This vitamin is good for normal growth of animals and is essential for tissue repair.

Vitamin B6 (Pyridoxine Hydrochloride) 20 mg

This vitamin is good for proper nerve function and when low we may become more hyper. High doses are not recommended and the A TP Energy has the correct amount.

Vitamin B9 (folic Acid) 1000 mcg

It is needed for tissue growth (DNA synthesis). Cancer has a great demand for DNA synthesis and methotrexate is a Folic acid inhibitor. This will not kill cancer but only slow it down. Better cancer therapies are available. Folic acid is necessary for the production of red and white blood cells as an immune booster and anemia preventer.

Vitamin B12 (Cyanocobalamine) 100 mcg

It is found mainly in animal sources, but can be stored in our body for 5 years. Vegetarians eventually become deficient. Symptoms of deficiency are difficulty in walking, tiredness, constipation, depression, enlarged liver, eye disorders, hallucinations, headaches, swollen tongue, anxiety, moodiness, nervousness, tinnitus, racy heart, and spinal cord degeneration.

Biotin 150 mcg

When biotin becomes low in our body our hair falls out, sores around the mouth develop and our eyes become infected (conjunctivitis). When a baby develops dry, scaly scalp, seborrheic dermatitis, or cradle cap it may be a biotin deficiency.

Para Amino Benzoic Acid 50 mg

Low levels are associated with a loss of skin pigment (white skin patches) and a loss of hair color (grey hair). The skin pigments help protect us from sun burns and skin cancer. PABA helps to reduce anemia by helping to produce red blood cells.